

What Every Preschool Parent Should Know Before Choosing a Pre-School Dance Class

1. Is there a dance class for 2 year olds?

Yes! It is our "Mommy & Me Class"! Our Mommy & Me is offered to boys and girls ages 2-4 who want to dance with a parent, grandparent or caregiver. This is a wonderful opportunity to share time together with exercise, singing, tumbling, props and dance related games. Many of our preschoolers attend Mommy & Me as well as their own dance class.

2. What age is appropriate to start a structured preschool dance class?

Each child is different; the average age for boys and girls to begin a preschool dance class is three. The preschool dance class combines ballet, tap and acro/tumbling in 45 minutes. This is an introduction to your basic foundations of dance. Our studio has a progressive dance curriculum that changes every few weeks to introduce new movements, games, and songs.

3. What if my child will not go into the preschool dance class without me?

This is a normal reaction for children of this age. Sometimes a new place and teacher can be scary for them. Our dance studio asks that you encourage your preschooler to enter the classroom without you, explain you will be in the waiting room with the other parents if he/she needs you. Usually the biggest fear is that you will not be there when they come out of the dance class. We will invite you into the class, if needed, to help with the transition. After a few weeks they realize this is a safe, fun place and will no longer need you in their class.

4. Why can't the parents stay in the classroom during the preschool dance lesson?

Children act differently when parents are in the room. When they are asked to do something new, which may be difficult for them, they will cling to you rather than experience the new adventure. They will also look for, and react to, your approval. Our dance studio offers a Mommy & Me dance class for the younger child who is not quite ready to be without Mom.

5. How will I know if my child is participating in class?

Our dance academy is equipped with a TV monitor allowing parents to watch the preschool dance classes from the waiting rooms. The most important thing for your child is to have fun! If a child is enjoying themselves they will continue to dance for years to come. We take pride in our retention rate.

"Our goal is to provide our dance students with the skills they need to enjoy dance for a lifetime and to provide our families with outstanding customer satisfaction."